



recovery inspires shared experiences

Our mission is to provide inspiring speaker meetings of depth and authenticity while supporting World Service through financial contributions.

Upcoming Speaker Topics:

NOV **6** "Speaking/Writing Workshop"
Finding Forgiveness and Freedom
Through Working the Steps

NOV **20** "Quit **Working** the Program
and **Live** the Program"

DEC **4** "Favorite **OA Tools and
Abstinence** Through
the Holidays"

DEC **18** "Experience, **Strength** and
Hope Through Service"

1-3:30 p.m. PDT

Overeaters Anonymous
Registered Meeting #88993

Meetings held regularly on the first & third Sundays of each month
Zoom ID: 947 2125 9974 Password: 810562